

# FITTING UP NURSERY

FURNITURE APPROPRIATE FOR

Buitable Room, with Proper Environments, is Something Child Has a Right to Demand—Rugs More Sanitary Than Carpets.

The furniture of a nursery should be simple and substantial, but not overcovering and out of proportion to the little inmates of the room. There should be at least one "child-size" table and several chairs to match. The furniture should be low and broad and sufficiently heavy so that it is not easily upset. The manufacturers today are making delightful sets of furniture for children, and the prices are reasonable, so that there is little excuse for inappropriate furniture.

So many nurseries are just makeshifts—the sewing-room or the den is appreciated for baby's headquarters, and no effort is made to transform the room by banishing those things that are unnecessary and unsuited to a nursery. Just as with us grown-ups, there are certain rooms in which we prefer to sit, the room containing our favorite books and pictures in all probability—no it is with the children. The child grows to love his nursery and to feel at ease there if it is a suitable room with the proper environment.

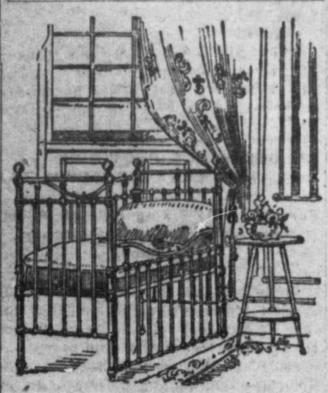
Rugs are preferable to carpet in a nursery as they are more sanitary. If a rug cannot be obtained in the desirable size, a carpet may be made into a rug of almost any dimensions. Mottled velvets are suitable for a nursery, their effect being similar to that of a plain carpet, but they are more serviceable. Wilton rugs and the ingrain rugs made in Scotland, are also used for nurseries. The handwoven rag rugs are particularly appropriate, being washable and very durable. The rugs are now made with

poster borders. Some of these are specially designed to delight the children.

A few home-makers allow their principles of hygiene to forbid curtains at the windows, but simple curtains that can be frequently laundered are to be recommended, and give a dainty freshness to a room.

There is an endless assortment of cribs on the market from which to choose. Care should be taken to select those with fewest parts and simplest designs.

We have all lived our share in the "child-world," but having once left it we can never return, and so we can never quite enter into the thoughts and games of a child. He builds castles in the air, makes laws for his toys and has his ideals which we can



Good Nursery Furniture.

never know or understand, but we must be content to watch the stoical way in which he goes about his play to listen to his silvery laughter, and to wipe away the tears. We cannot re-enter the "child-world," but it is our duty and our privilege to make the best possible background for it.—Chicago Inter Ocean.

# ONE THING MOST ESSENTIAL

Be Mother's Chief Object
With Her Children.

Some mothers lament that they cannot give their children "advantages."
They cannot give them the education
they could like to, or the fine clothes.
They cannot send them to dancing
school, where they can get into society.

All these may be desirable things to do, and a mother may be justified in lamenting that she cannot do them. But because she cannot do these things, she need not think she can do nothing. She can, without cost, give her children an "advantage" that often outruns education and clothes and position, in gaining them the desirable things of life. She can give them good manners.

The value of good manners is inestimable. They open business doors and social doors. They win liking, friendship, love. They smooth the path of the man or woman wherever he goes in the world.

It is the manners of the foreigner as much as his title that wins the American girl's heart. A woman goes down before a man who is courteous, thoughtful, deferential in the hundred and one little things that are so much to a woman. Many a woman has said she would rather have manners in a man than morals, if she had to make a choice. It may be a most unwise choice, but nevertheless it is the choice that will be made in seven cases out of ten. Therefore, the mother who gives her boy good manners has given him a great power.

Therefore, the mother who gives her children good manners need not repine too bitterly, if she can give them nothing else. They will get on

# The Feminine Wins.

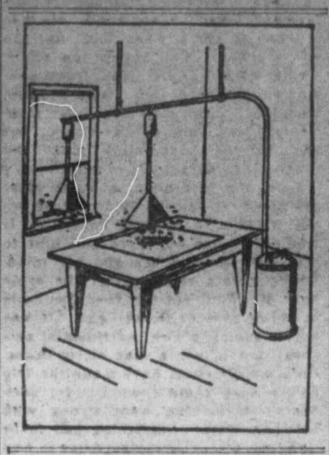
It is an odd coincidence that women are taking again to these pretty, comfortable house gowns that are so ultra feminine, just when there is so much discussion of the trouser skirt. It might have been a prearranged race for leadership, in which case the feminine tendency in frocks has won, for already the jupe culotte, as the French call the freakish skirts, has ceased to interest us.

Kid gloves may be cleansed, when slightly soiled, with a small piece of oiled slik wound tightly about the finger and rubbed vigorously over the surface of the glove.

#### NEW PLITONIO

Pests of Hot Weather L Sucked Into Traps and Afterward Kined.

The limit of uses to which a vacuum apparatus may be put seems to be boundless. Here is a plan by which it catches flies. A pipe leading from the vacuum tank is suspended across the room horizontally with a series of funnels depending from it.



One funnel can be hung over a table, for instance, and another over the window sill. As the flies enter the window those that come close to the funnel are sucked up into the pipe above. For those that escape a balt of bread and molasses is set on the table below the mouth of the second funnel. When the insects make for this feast they are whirled up into the opening above as soon as they come within the radius of suction. Valves at the top of the funnels close down when the vacuum motor is shut off and the traps can be removed and immersed in scalding water to kill the captives.

# PROPER WAY TO SWEEP ROOM

Dusting Sheets Are Essential, Also a Costume That is Suited to the Occasion.

In the first place, supply yoursel? with sweeping sheets, rny times the soiled sheets from the bed are used for this purpose, but that is not exactly a clean method. If you do not have them already, buy the coarse, unbleached cotton cloth, double width, and bind with Turkey red. Make the sheets big enough to cover the largest piece of furniture you wish to protect. The next thing is to dress properly for the work. H-ve a cotton frock which fits easily in the waist and sleeves so that your arms may move unhampered; easy shoes, a sweeping cap and a pair of loose, old gloves. Carry from the room all small objects which you cannot lay on couches or chairs that can be covered. Dust them before you lay them aside. Then move out of the room all small furniture which can be taken from the room easily, dusting it carefully also. Now cover with the dusting sheets all the remaining pieces of furniture, using the smaller sheets for the pictures. Remove rugs and the ake. Have ready the damp tea leaves or shreds of paper, for it is not wise to do dry sweeping. The dus' will fly, no matter what you may do. The damp tea leaves prevent it flying about and settling down again in the crevices and corners. Sweep from the corners toward. the center of the room.

# Lentil Salad.

Take some boiled lentils and let them get quite cool. Drain them with care and mix them with about a fourth of their weight of cooked onions or celery or the two mixed. A pile should then be made in the middle of a dish and some chopped beet root be put around it. Pour some salad dressing over and serve.



Marion—Caroline says she paid \$18 a dozen for those photos of herself. Maxine—But they don't look a bit like her.

Marion-Of course not. What do you suppose she paid \$18 for?

# FREE



A trial package of Munyon's Paw Paw Pills will be sent free to anyone on request. Address Professor Munyon, 53d & Jefferson Sts., Philadelphia, Pa. If you are in need of medical advice, do not fail to write Professor Munyon. Your communication will be treated in strict confidence, and your case will be diagnosed as carefully as though you had a personal interview.

Munyon's Paw Paw Pills are unlike all other laxatives or cathartics. They coax the liver into activity by gentle methods. They do not scour, they do not gripe, they do not weaken, but they do start all the secretions of the liver and stomach in a way that soon puts these organs in a healthy condition and corrects constipation. In my opinion constipation is responsible for most ailments. There are 26 feet of human bowels, which is really a sewer pipe. When this pipe becomes clogged the whole system becomes poisoned, causing biliousness, indigestion and impure blood, which often produce rheumatism and kidney ailments. No weman who suffers with constipation or any liver ailment can expect to have a clear complexion or enjoy good health. If I had my way I would prohibit the sale of nine-tenths of the cathartics that are now being sold for the reason that they soon destroy the lining of the stomach, setting up serious forms of indigestion, and so paralyze the bowels that they refuse to act unless forced by strong purgatives.

Munyon's Paw Paw Pills are a tonic to the stomach, liver and nerves. They invigorate instead of weaken; they enrich the blood instead of impoverish it; they enable the stomach to get all the nourishment from food that is put into it.

These pills contain no calomel, no dope; they are soothing, healing and stimulating. They school the bowels to act without physic.

Regular size bottle, containf, 45 pille, 25 pents. Munyon's Laboratory, 53d & Jefferson Sts., Philadelphia.